



Extra-Curricular/ Activities Handbook

2016 - 2017

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JOURNEY.

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EXTRACURRICULAR ATHLETICS/ ACTIVITIES HANDBOOK

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In an effort to *Go Green* and save resources, we are making all student *handbooks available online*. Please make sure you read your handbook(s) and all related bell schedules, policies, and procedures. If you ever have any questions or concerns about the program, please feel free to speak with our knowledgeable staff or stop by the SRHS office.

I. Mission Statement

“Pursuing Victory with Honor”

The Salt River High School Athletic Programs are committed to providing an enjoyable experience in a safe environment where student athlete/activity participants promote “Pursuing Victory with Honor” through the Six Pillars of Character:



TRUSTWORTHINESS
RESPECT
RESPONSIBILITY
FAIRNESS
CARING
CITIZENSHIP

II. Introduction

Welcome to Salt River Athletics & Activities!

Salt River High School is a "Pursuing Victory with Honor School". We expect our student athletes/activity participants, coaches, parents, and fans to be good role models. A good role model requires good sportsmanship, respect for each individual competitor and the game itself, and strives for the pursuit of victory with honor. Salt River High School hopes to display the six pillars of character; trustworthiness, respect, responsibility, fairness, caring and citizenship through our actions in support of extracurricular athletics/activities.

Extracurricular student athletics/activities are part of a comprehensive school program, and provide opportunities for Salt River Community Schools' students to augment classroom learning experiences. These athletics/activities are under the direct supervision of the school administration and contribute to the academic objectives of the school. The Extracurricular Athletics/Activities Program at SRPMIC Community Schools is designed to meet the needs and interests of all students. Clubs and other athletics/activities must have educational value, be sponsored by a SRPMIC Community Schools staff member, and be approved by the Site Administration.

General Statement

Students selected to participate in extracurricular athletics/Activities must conform to all policies of the SRPMIC Schools Extra-Curricular Athletics/Activities Handbook, SRHS Student Athletic Rules & Regulations, and/or the club/organization participation policy, which are not mutually exclusive. In addition, students are to exhibit good citizenship at all times. Salt River High School participates in the Canyon Athletics Association (CAA).

III. Athletic Eligibility Rules

In order to represent Salt River Elementary School and Salt River High School in any interscholastic competition or public performance, students must meet all eligibility requirements as established by the SRPMIC Education Board, Salt River Elementary School, Salt River High Schools and/or team/activity, as appropriate. Student participation in these athletics/activities, however, is a privilege, determined and managed by the school. Students are expected to abide by all Tribal and state laws, including rules and policies as indicated by SRPMIC Community Schools, clubs, organizations, and SRHS Student Athletic Rules & Regulations in order to participate.

Student Rights & Responsibilities

If a violation occurs on school grounds or at school-sponsored athletics/activities, school officials will enforce the Student Extra-Curricular Athletics/Activities Handbook. School administrators are required to follow the penalties protocol described in the handbook. During a period of suspension, students are not allowed on school grounds and are not allowed to participate in any sponsored school athletics/activities.

Student Athletics/Activities Participation Policy

Students are expected to maintain good school attendance, abide by all school rules, and make positive choices. Students must maintain a minimum 2.0 G.P.A. or better in order to participate in extracurricular athletics/activities. A grade of "F" shall not be considered a passing grade. Students selected to participate in student athletics/activities may not consume alcohol, tobacco, or illegal drugs or have a truancy violation at any time. This policy applies during non-school hours and/or at non-school events as well as at school and during all school-sponsored athletics/activities. See substance abuse section for more information.

Team/Club Rules

All coaches/sponsors will establish and submit team/club rules to the Site Administrator for approval. Team/club rules will be distributed and discussed with parents and participants during a parent meeting prior to the beginning of the sport/activity. Students are expected to comply with team/club rules and will forfeit their eligibility through noncompliance.

IV. School Attendance

Students must attend all scheduled classes in order to participate in athletic/activity events (practices or games), clubs, or athletics/activities that day. Reasonable exceptions such as a doctor appointment *may* be approved by the School Administration/Athletic Director *prior* to participation.

In School Suspension (ISS)

Students assigned to ISS for disciplinary reasons by teachers and/or administrators must report the ISS to the coach or sponsor. The coach or sponsor may determine additional consequences.

Suspension from School

Students suspended or expelled from school for disciplinary reasons shall also be excluded from participating in extra-curricular athletics/activities/athletics during the time of suspension.

Substance Abuse

If the school administration determines that a student who is participating in, or wishes to participate in, student athletics/activities is engaged in illegal substance use, the student will be subject to consequences in accordance with the policy. Prior to making this determination and imposing any exclusionary consequence, school authorities shall give the student the right to explain his or her conduct. The student will voluntarily submit to an appropriate drug test (if applicable) to attempt to establish that he or she has not violated the policy. The results of any such testing shall be kept confidential but shall be communicated to the student, the parent or guardian, and appropriate school authorities.

Court Disciplinary Action

School Administration may suspend a student from participation in student athletics/activities who has been charged with a misdemeanor or felony involving violence, assault, vandalism, weapons, and substance abuse until disposition of charges. The student must report the incident to the coaches/sponsors. Coaches/sponsors will present the facts as known to the school administration who will determine eligibility for participation.

Student Participation Policy - Consequences

If a violation occurs off school grounds or at a non-school event, the coach/sponsor will determine the consequences. Decisions will be based on the circumstance surrounding the violation as outlined in the Student/Parent Handbook.

Student Participation Policy - Appeals

Students and/or their parents/guardians have the right to appeal actions pursuant to this policy taken by the coach or sponsor. The appeal process is as follows:

1. Appeal to the athletic director or the Site Athletics/Activities Coordinator
2. Appeal to the Principal. Decisions rendered under this policy cannot be appealed beyond the Principal.
3. Each appeal must be made in writing within 24 hours of the initial decision. The athletic director or principal will rule in writing on the appeal in no more than three school days after the hearing.

V. Expectation for Our Athletes/Activity Participants

Student athletes/activity participants commit to obligations which are often physically, mentally, and spiritually challenging. Dedication, desire, and discipline help transform student athletes/activity participants to put forth their best effort.

Anything the student athlete/activity participant does that is not designed to promote his/her "best" potential is detrimental to the individual, their team, their school, and most importantly, their future.

The following are guidelines that will help student athletes/activity participants reach their best potential:

Grades

1. Students are required to take a minimum of five credit courses at SRHS. All classes must exhibit passing grades. Seniors in their seventh and eighth semesters need to be enrolled in the minimum number of classes required upon graduation in order to participate in athletics/activities.

School Behavior

2. Dress code is taken seriously. The way you dress should reflect a respect for yourself, your team, your school, and those around you.
3. Your body language should reflect the same respect.
4. Attendance in all classes and other school functions is required for participation and practices after school. The athletic director must be notified of special circumstances.
5. Your cooperation must be at the highest possible level in all school matters. For example, you should act as a leader. Your character is a reflection of the school. It is your school and you are a key part of making it successful.

Training

This is the key to everything as a student athlete/activity participant. If your mind and body are not working together efficiently, you cannot do your "best."

1. Attitude – a positive outlook is necessary for positive results.
2. Nutrition – carefully balanced meals and regular eating routines are necessary for fuel efficiency.
3. Rest – without proper sleep and relaxation, fatigue will prevent you from doing your best.
4. Exercise – fitness is a key ingredient as an athlete/activity participant. Be sure to not over or under exercise.
5. Drugs – Drugs of any kind interfere with normal mental and physical functioning, and therefore interfere with all of the previously mentioned training necessities.

Team Behavior

1. Team concerns must take priority over individual concerns; however, this is not to say there is a basic conflict between the team and the individual. If the individual's goals are properly set, they will be in harmony with team goals.
2. Doing your best is more important than winning. A winner is, by definition, a person who knows how to give his/her best.

3. Always guide your actions according to what shows the most respect for your school, your team, and yourself.
4. Showing proper respect for your opponent is a part of your self-respect. This is the idea of good sportsmanship.

VI. Eligibility Regulations

Salt River High School Requirements

6. The student must be enrolled in a minimum of five (5) courses the first six (6) semesters and the minimum number of classes required **COURSES THE 7TH AND 8TH SEMESTERS. (SENIORS ONLY)**
7. A student, other than a senior, must be enrolled in a full school day at SRHS to participate in a sport.
8. The regular grading interval for determining eligibility shall be every week.
9. Students determined to be academically ineligible at the end of a one week grading period shall remain ineligible until the following week. Ineligible students shall be checked daily for academic progress. .
10. A student must maintain a 2.0 Grade Point Average (G.P.A.) or better, with no Failing grades in any courses.
11. Passing grades shall be determined on a cumulative, quarterly basis from the beginning of the instruction to the recording of the final grade for the course.
12. A student must meet all eligibility requirements for interscholastic competition.

To Determine Eligibility for Interscholastic Competition

Demographic Requirements:

1. You are eligible to compete if you have not reached your 19th birthday on or before September 1st of the school year in which you compete
2. You have never competed under a false name.

Enrollment Requirements

1. You are enrolled in grades 9, 10, 11, or 12 for no more than 8 consecutive semesters.
2. You have recorded your birth certificate with the registrar.
3. If you have transferred from another school, in Maricopa County, providing you have not played that sport at the previous school, you will be eligible for participation after all required documentation has been received and reviewed (transcripts, health records, birth certificate, etc.).
4. If you transfer from another school, you must get proper authorization to become eligible (See the athletic director).
5. You are enrolled in at least five (5) credit classes for the semester in which the event takes place. **STUDY HALL DOES NOT COUNT AS A CLASS.** (In case of registration after the 1st day of a semester, and by the 14th school day, you must have been in attendance as many days as missed from the opening of the semester before you are eligible to compete).

Required Documentation

1. A **physical examination**, after March 1st of the previous school-year.
2. A **parent/guardian permission card** on file in the school athletic department.
3. Copy of **birth certificate** on file for age limit. If a student becomes 19 years of age after September 1 he/she is eligible to compete for the rest of the year.
4. Students must have a **passing grade in all classes** during the current semester or quarter.
5. A student, whether an adult or not, is privileged with eligibility for interscholastic competition only at the school in the district in which his/her parents are residing. Some exceptions:

- a. Ninth-grade enrollment—a student enrolling in the 9th grade for the first time may attend SRHS and be eligible for interscholastic athletics/activities. Upon any transfer by the student after the initial enrollment in the 9th grade, the Transfer rule applies.
 - b. Legal guardian—a student for whom a legal guardian has been appointed by a court may be declared eligible. Students not living with their parent(s) may not be eligible and should be reviewed by the athletic director. Students with court appointed guardianship may need to be appealed to the Canyon Athletics Association (CAA) prior to being eligible.
6. Students not living in the attendance zone (Maricopa County) should be reviewed by the athletic director if they are:
 - a. A ninth grade student enrolling for the first time in high school
 - b. In need of form 530 to verify nonparticipation in sports or particular sports
7. All Transfer students must complete the CAA Transfer Form (see athletic director for more details) if they transfer after the first day of permissible practice for that season.

Other

1. If you are an amateur, having never accepted any monetary award in any form or amount.
2. If you have not competed or had the opportunity to compete for more than four seasons in any one sport.
3. If you are familiar with the rules of the game and standards of sportsmanship.
4. Conduct of Character Rules: - Any player who is under discipline or whose conduct of character is such as to adversely reflect upon the school may forfeit eligibility
5. Tobacco, drugs, and alcoholic beverages in any form while participating in high school athletics/activities, may forfeit eligibility.

This is a synopsis of the rules and regulations for eligibility as prescribed by the Canyon Athletics Association (CAA). For more information regarding the specific rules and regulations of eligibility, see the Athletic Director or the CAA website for more information at www.azcaa.org.

VII. Rules and Regulations for Salt River

The following list of general rules and regulations are guidelines for Salt River athletes/activity participants to follow. More specific rules and regulations may be given to you by your individual coach.

Team Classification

1. All sports/activities have various levels of competition based upon grade level. Only freshmen may compete on freshmen teams. Upper classmen may compete on JV teams. All CAA eligible grade levels can compete on varsity teams.
2. Each athlete/activity participant will be originally assigned to the team that corresponds to his/her grade level. As his/her ability warrants, and at the discretion of his/her coach, he/she may be moved to a higher level of competition.

Injuries

1. All injuries must be reported to the coach or the trainer immediately.
2. An accident report must be completed by the trainer or coach for the student's file and kept in the athletic director's office.
3. If the athlete/activity participant seeks care under a physician, written permission must be given by the doctor to return to practice/competition.

Practice & Games

1. Team practice is scheduled after school every day unless otherwise noted by the coach. Team members are expected to be present in all class periods prior to practice.
2. Practice absences are to be reported to the coach beforehand, whenever possible.

3. Coaches may have additional team rules that pertain to practice and games.

Hours in School on Game Day

1. To participate in extracurricular athletics/activities (practice, rehearsal, performance, competition), the student is expected to attend ALL of his/her classes. The athletic director should be notified of special situations in advance.
2. Team members who have regular P.E. period will be expected to participate in their regular P.E. class work.

Athletic Trips

1. All trips, going to or coming from an athletic/activity event must be made on school transportation or on transportation sanctioned by school authorities. Should a parent like to take their son/daughter home from an extracurricular event, they should contact the athletic director/coach prior to the event in writing.
2. Behavior on the bus during the trip should reflect positively on Salt River High School and The Salt River Pima-Maricopa Indian Community. All SRHS Handbook rules are enforced.
3. Taking towels or any athletic equipment from any host school is inexcusable and grounds for immediate dismissal from the team.
4. A quiet and modest attitude should be maintained at host schools. Focus on the event at hand.
5. Neatness is important. Attire for traveling athletes/activity participants must be appropriate to the occasion.

Equipment, Instruments & Uniforms

1. School uniforms are to be used or worn in competition and practice **ONLY** unless given permission by the coach.
2. **"NORMAL"** wear and tear is expected on equipment/instruments. However, you will be held monetarily responsible for unusual abuse and/or loss of equipment.
3. Students will be held responsible for all athletic/activity equipment and/or instruments issued to them.
4. Students shall turn in all athletic equipment issued to them immediately after completion of any sport/activity or after the student is no longer on the team.
5. Students shall pay for all items not turned in. Money may be refunded when the items are returned with the receipt.
6. Students failing to turn in all equipment issued to them or failing to pay for lost items shall not receive any honors or awards for that sport or be permitted to take part in any other sports until satisfactory clearance is made.
7. All student athletes/activity participants must turn in or pay for lost/damaged equipment before participation in any school sponsored athletics/activities.

On The Campus

1. **Appearance:** Interscholastic athletics/activities are voluntary programs. Students are not obligated to participate and participation is not required for graduation. A student is not required to have athletic/activity credits for college entrance. Competition in high school athletics/activities is a privilege. Accompanying that privilege is a responsibility of the athlete/activity participant to conform to standards established for the school. The athlete/activity participant should dress neatly and be well groomed at all times.
2. **Conduct:** The way athletes/activity participants should act, as well as look on the campus is very important. Athletes/activity participants should be leaders expected by their fellow students to work for the betterment of the school and for what is right for the entire student body.
3. **Exhibitionism:** An excessive or prolonged display of affection is in poor taste and places the athlete/activity participant below socially accepted standards. Bullying, harassment, and/or hazing of students, fighting, substance abuse, etc., are certainly not in the best interest of school spirit and are against school policy.
4. **Responsibility:** It is the athletes/activity participants' responsibility to themselves and their teammates to maintain passing grades and a high level of conduct in school and community life.

On The Field & Court

1. Field and court regulations and procedures will be specified by each coach. Athletes/activity participants are expected to obey these regulations and to conduct themselves in a commendable manner.
2. Losing as well as winning is part of the game. Athletes/activity participants should be gracious in defeat and modest in victory.
3. Athletes/Activity Participants should display proper sportsmanship and positive behavior; they should have complete control of themselves.
4. Officials in a game are there for the purpose of insuring both teams will receive a fair deal. Officials do not lose the game for you.
5. It is tradition and rule that no one except the appointed captain will talk to the officials. The team's bench should be positive at all times during an event – no negative remarks, only positive comments for your team.
6. Any behavior contrary to that which has been stated is a direct reflection on the school, team, and coaches and will NOT be tolerated.

Dropping from an Athletic/Activity Team

1. Any athlete/activity participant who quits a team may not participate in an alternative sport until the season of that sport from which he/she dropped has ended. This is subject to coach's approval.
2. Any athlete/activity participant who is removed from a team by the doctor or coach for reasons other than disciplinary will be immediately eligible to try out for another sport of his/her choice.
3. Any athlete/activity participant who is planning to quit a squad must first notify his/her coach in advance of this action.

Athletic/Activity Training Rules

1. Athletes/activity participants are expected to follow training rules as outlined by their coaches and the Athletic Department. Smoking, consumption of alcohol, association with or use of drugs, and poor citizenship are absolutely grounds for immediate disciplinary action as outlined below under Due Process for athletes/activity participants.

Discipline & Due Process for Athletes/Activity Participants

1. Discipline for the athlete/activity participant is the same as for every student at Salt River as determined by the administration.
2. Out-of-school suspension results in automatic suspension from all sport participation by the student for the duration of the suspension. Not only is the student suspended from playing/participating, the student is also suspended from practices and organized athletics/activities (team workouts, practice, meetings, etc.)
3. The coaches shall be informed of the action by the athletic director.
4. Conduct by the student during after school hours which reflects negativity on the school can have a bearing on the student's ability to participate in interscholastic athletics/activities. Any after school incident that involves problems such as substance abuse, theft, assault, gang activity, etc., when brought to the attention of the school (coach, athletic director, principal, assistant principal, etc.) may result in dismissal from the interscholastic sport.

The following procedure will apply to athletes/activity participants who are caught smoking, consuming alcohol, using drugs, or in any serious act degrading to the SRHS athletic program, at any time, on or off school grounds.

A. First Violation

1. The athlete/activity participant's discipline may range from 1 game up to dismissal, **at the discretion of the site administrator, athletic director, and the head coach.** The student-athlete/activity participant must also complete a drug intervention class prior to reinstatement. During this time, the athlete/activity participant will remain ineligible
2. If suspension occurs at the end of the season, then the suspension carries over to the next sport.
3. An athlete/activity participant caught at the end of the school year will have the penalty carried into the next year.

4. During the time of out-of-school suspension, the athlete/activity participant may not practice with his/her team and may not participate in events.

B. Second violation

1. The athlete/activity participant's discipline may range from 3 games up to dismissal, at the discretion of the site administrator, athletic director, and the head coach. The student-athlete/activity participant must also complete a drug intervention class prior to reinstatement. During this time, the athlete/activity participant will remain ineligible.
2. If the suspension occurs at the end of the season, then the suspension carries over to the next sport.
3. An athlete/activity participant caught at the end of the school year will have the penalty carried into the next year.
4. During the time of out-of-school suspension, the athlete/activity participant may not practice with his/her team and may not participate in events. Athlete/activity participant

C. Third violation

1. The athlete/activity participant may be suspended for one year of interscholastic athletics/activities, beginning on the date in which the violation occurred.
2. If the athlete/activity participant stays in good standing in all classes during the time of suspension, the case may be taken in front of a board of head coaches and athletic director after sixty (60) days.
3. The case must be prepared for the board by the head coach of the team he/she was on when suspended.
4. If the board feels that the athlete/activity participant has remained in good standing, it may shorten the suspension by a majority vote.

In the event that disciplinary action must be taken against any athlete/activity participant, the following procedures will be followed:

1. The coach will inform the athlete/activity participant of the alleged violation and the disciplinary action taken.
2. Within two school days, the athlete/activity participant has the right to appeal the decision to the athletic director.
3. The athletic director's decision may be appealed to the principal, then to the Superintendent.

VIII. What I Must Do To Participate In Sports

1. Complete a yearly physical, the Concussion Form & the Health History Form (all forms are available at the front office)
2. Sign and turn in the Extra Curricular Athletics/Activities Acknowledgement Form & Emergency Medical Authorization & Random Drug Testing Form (attached)

IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE ATHLETIC DIRECTOR AT (480) 362-2021.

IV. Student Participation Policy - Acknowledgment

Students who participate in extracurricular athletics/activities must sign an Extracurricular/Activities Handbook Acknowledgement Form, a Medical Authorization & Random Drug Testing Form, as well as the Sport/Activity Expectation Form as a precondition of their participation in athletics/activities. The student's signature on the acknowledgement form signifies the commitment to abide by the conditions of the SR Community Schools Extracurricular Athletics/Activities Participation Policy. Students are to remain free of alcohol, tobacco, and illegal drugs and must exhibit good citizenship at all times. The parent's signature on the pledge signifies that the parent has read, understands, and will support the policy.



School Year 2016-2017

Extracurricular/Activities Handbook Acknowledgement Form

Salt River Pima-Maricopa Indian Community School administrators, coaches and sponsors remind students and parents that participation in student athletics/activities(extracurricular and co-curricular) is a privilege (not a right), and is dependent upon compliance with all applicable rules and regulations. The signatures below confirm that the student/athlete/activity participant and his/her parent or legal guardian have read and understand the Salt River Pima-Maricopa Indian Community Schools Extracurricular Student Athletics/Activities Handbook.

I recognize my responsibility to my team/activity, my school, and my Community. I realize that my coaches or sponsors may establish additional rules and consequences for my team or activity. I understand that I will voluntarily participate in the random drug test program while participating in any extracurricular activity. I understand that failure to comply with these rules may result in disciplinary action such as reduced playing time, no playing time, suspension, or even dismissal from the team or activity.

PHOTOGRAPHIC RELEASE

I hereby consent to the recording and reproduction of my voice and likeness, whether in still, motion pictures or videotape.

My features, image and voice may be used solely in conjunction with any project for the Salt River Pima-Maricopa Indian Community. My features, image and voice shall not be used with or without my name for any other editorial, promotional, trade, broadcast, business or any other purpose whatsoever without my express written consent.

I acknowledge that the Salt River Pima-Maricopa Indian Community is the exclusive owner of all rights and copyrights in and to the recording thereof. All videotape, negatives and positives, together with the prints and copies shall constitute the property of the owner, the Salt River Pima-Maricopa Indian Community, solely and completely. I intend for the owner, the Salt River Pima-Maricopa Indian Community and the Salt River Pima-Maricopa Indian Community Schools, to rely on this release and understand that it is irrevocable.

Salt River Pima-Maricopa Indian Community Schools, shall have the right to retain and maintain the property (as identified herein) of the Salt River Pima-Maricopa Indian Community, subject to the direction of the Community or an authorized representative thereof, in order to protect or safeguard such property on behalf of the Salt River Pima-Maricopa Indian Community, who is the sole and complete owner of the property identified herein.

I understand that I shall receive no compensation for my appearance and participation.

Student Signature

Date

Print Student Name

Parent/Guardian Signature

Date

Print Parent/Guardian Name

Medical Authorization & Random Drug Testing Form

PARTICIPANT INFORMATION (PLEASE PRINT)

Student Athlete/Activity Participant Name	Date
Date of Birth	Home Phone Number
Street Address	Zip Code
Father's Name	Daytime Phone Number
Mother's Name	Daytime Phone Number
Other	Daytime Phone Number
Physician's Name	Phone Number
Insurance Company	

HEALTH CONCERNS (CHECK IF APPLICABLE):

Asthma Diabetes Epilepsy Bee Sting Allergy

Other (Specify): _____

List Medication(s): _____

CONSENT FOR ATHLETIC EMERGENCY CARE & RANDOM DRUG TESTING

BE IT KNOWN that in the event I cannot be reached, I, the undersigned parent or guardian of the student named, do hereby give and grant unto any medical doctor or hospital my consent and authorization to render such aide, treatment or care to said student as, in the judgment of said doctor or hospital may be required, on an emergency basis, in the event said student should be injured or stricken ill while participating in an interscholastic activity sponsored by the above named school sponsored by the above named school.

IT IS HEREBY understood that the consent and authorization hereby given and granted are continuing, and are intended by me to extend throughout the current school year.

IT IS FURTHER understood that any expenses incurred will be paid for by insurance or the parent of the student. Payment of the expense is not a school responsibility.

IT IS UNDERSTOOD the process by which we will randomly test our student athlete/activity participants will be as follows:

- a. Per team on a weekly bases we will choose athlete/activity participants by random
- b. The athlete/activity participants chosen must submit to a urine analysis test immediately.

Yes, I give consent.

No, I do not give consent. **(Student will not be able to participate)**

Parent/Guardian Signature	Date
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