




**Breakfast In the Class Room**

**November 2017**

**SRHS**

Monday	Tuesday	Wednesday 11/1	Thursday 11/2	Friday 11/3
	<b>This institution is an equal opportunity provider and employer</b>	Pancake on a stick Juice Banana Milk	PB & Jelly on Whole grain bread Apple slices Cupped fruit Milk	Cereal Breakfast bar Banana Juice Milk
Monday 11/6	Tuesday 11/7	Wednesday 11/8	Thursday 11/9	Friday 11/10
Zucchini Bread Cheese Stick Grapes Cupped fruit Milk	PB & Jelly on whole wheat bread Graham crackers Diced melon Cupped fruit Milk	Breakfast burrito Juice Grapes Milk	Mini pancakes Syrup Berries Cupped pears	<b>VETERANS DAY</b> 
Monday 11/13	Tuesday 11/14	Wednesday 11/15	Thursday 11/16	Friday 11/17
Blueberry muffin Cheese stick Apple slices Cupped fruit Milk	Bagel Cream cheese Strawberries Cupped fruit Milk	Pancake on a stick Juice Orange slices	Yogurt parfait Berries Milk	Cereal Breakfast bar Banana Strawberries Milk
Monday 11/20	Tuesday 11/21	Wednesday 11/22	Thursday 11/23	Friday 11/24
Banana bread Cheese stick Oranges slices Cupped Peaches	Yogurt WG Animal crackers Strawberries Apple slices	Breakfast Burrito Juice Grapes Milk		
Monday 11/27	Tuesday 11/28	Wednesday 11/29	Thursday 11/30	Friday
Banana muffin Cheese stick Juice Cupped Pineapple Milk	Yogurt parfait Berries Milk	Pancake on a stick Juice Banana Milk	PB & Jelly on Whole grain bread Apple slices Cupped fruit Milk	<b>Menu is subject to change.</b>




The kitchen staff welcomes your comments on our meals. Parents have an open invitation to drop by and see what we are serving our kids. Any questions call SRHS Kitchen Supervisor, Shannon Reina 480-362-2077

**Child Nutrition Programs are available to all without regard to race, color, national origin, sex, age or disability.**

**Lunch**

**November 2017**

**SRHS**

Monday	Tuesday	Wednesday 11/1	Thursday 11/2	Friday 11/3
Menu is subject to change.		Beef Taco Refried beans <b>Fruit</b> Salad Bar Milk	Chili Con Carne Corn Bread muffin <b>Fruit</b> Salad Bar Milk	Popcorn chicken bowl Dinner roll <b>Fruit</b> Salad Bar Milk
Monday 11/6	Tuesday 11/7	Wednesday 11/8	Thursday 11/9	Friday 11/10
Buffalo Chicken wings Veggie Dippers Cheesy breadstick <b>Fruit</b> Salad Bar Milk	Peperoni pizza Spinach salad <b>Fruit</b> Salad Bar Milk	Beef taco pie zucchini <b>Fruit</b> Salad Bar Milk	Meatball sub Spinach salad <b>Fruit</b> Salad Bar Milk	<b>VETERANS DAY</b> 
Monday 11/13	Tuesday 11/14	Wednesday 11/15	Thursday 11/16	Friday 11/17
Corn Dog Pork & Beans <b>Fruit</b> Salad Bar Milk	Salisbury Steak Mashed potatoes Dinner roll <b>Fruit</b> Salad Bar Milk	Grilled Cheese on Whole Wheat Bread Tomato Soup <b>Fruit</b> Salad Bar Milk	<b>Athlete Fuel, Welcome Ironman Athlete's!</b>	Chicken Tenders Veggie Dippers Breadstick Fruit Salad Bar Milk
Monday 11/20	Tuesday 11/21	Wednesday 11/22	Thursday 11/23	Friday 11/24
Orange Chicken Brown rice Steamed Broccoli <b>Fruit</b> Salad Bar Milk	Chili Dog Tator tots <b>Fruit</b> Salad Bar Milk	<b>Special Meal</b> Chili stew Tepary beans Tortilla Diced melon Thanksgiving treat		
Monday 11/27	Tuesday 11/28	Wednesday 11/29	Thursday 11/30	Friday
Baked chicken breast Oodles of Noodles <b>Fruit</b> Salad Bar Milk	Beef Stir fry Fried rice Oriental Veggies <b>Fruit</b> Salad Bar Milk	Cheese Quesadilla Black beans <b>Fruit</b> Salad Bar Milk	BBQ Rib sandwich Corn on the Cob <b>Fruit</b> Salad Bar Milk	

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color national origin, sex, age or disability. To file discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, Washington, D.C. 20250-9410 or call (202) 720-5964 [voice and TDD]. USDA is an equal opportunity provider and employer.  
Menu items are subject to availability.