

Breakfast

September 2017

SRHS

Monday	Tuesday	Wednesday	Thursday	Friday 9/1
Menu is subject to change.				Cereal Breakfast bar Banana Strawberries Milk
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
	Yogurt WG Animal crackers Strawberries Apple slices	Breakfast Burrito Juice Grapes Milk	WG Pop Tart Yogurt Diced Melon Orange slices milk	Cereal Graham crackers Strawberries Banana Milk
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
Banana muffin Cheese stick Juice Cupped Pineapple Milk	Yogurt parfait Berries Granola Milk	Ham and cheese on a English Muffin Juice Banana Milk	PB & Jelly on Whole grain bread Apple slices Cupped Milk	Cereal WG bread slice w/ Jelly Banana Juice Milk
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
Zucchini Bread Cheese Stick Grapes Cupped fruit Milk	PB & Jelly on whole wheat bread Graham crackers Diced melon Cupped fruit Milk	Breakfast burrito Juice Grapes Milk	Mini pancakes Syrup Berries Cupped pears	Cereal English Muffin w/ Jelly Apple slices Juice Milk
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Frid,9/29
Blueberry muffin Cheese stick Apple slices Cupped fruit Milk	Bagel Cream cheese Strawberries Cupped fruit Milk	English Muffin Turkey Sausage patty Juice Orange slices	Yogurt parfait Berries Granola Milk	Native American Indian Day 

The kitchen staff welcomes your comments on our meals. Parents have an open invitation to drop by and see what we are serving our kids. Any questions call SRHS Kitchen Supervisor, Shannon Reina 480-362-2077

Child Nutrition Programs are available to all without regard to race, color, national origin, sex, age or disability.

Lunch **September 2017** **SRHS**

Monday	Tuesday	Wednesday	Thursday	Friday 9/1
Menu is subject to change.		This institution is an equal opportunity provider and employer		Corn Dog Cold sandwich Fruit Salad Bar Milk
Monday 9/4	Tuesday 9/5	Wednesday 9/6	Thursday 9/7	Friday 9/8
	Pizza on whole grain crust Spinach Salad Fruit Salad Bar Milk	BBQ Chicken Breast Baked Beans Mac and cheese Fruit Salad Bar Milk	Nachos Shredded lettuce Diced tomatoes Fruit Salad Bar Milk	Cooks Choice EARLY RELEASE!!
Monday 9/11	Tuesday 9/12	Wednesday 9/13	Thursday 9/14	Friday 9/15
Spicy Chicken Sandwich Potato Salad Fruit Salad Bar Milk	Chic-Penne Steamed Broccoli Fruit Salad Bar Milk	Beef Taco Refried beans Fruit Salad Bar Milk	Chili Con Carne Corn Bread muffin Fruit Salad Bar Milk	Popcorn chicken bowl Fruit Salad Bar Milk
Monday 9/18	Tuesday 9/19	Wednesday 9/20	Thursday 9/21	Friday 9/22
Buffalo Chicken wings Veggie Dippers Fruit Salad Bar Milk	Beef taco pie Zucchini Fruit Salad Bar Milk	Chicken Stir Fry Oriental Veggies Fruit Salad Bar Milk	Meatball sub Spinach salad Fruit Salad Bar Milk	Cooks Choice EARLY RELEASE!!
Monday 9/25	Tuesday 9/26	Wednesday 9/27	Thursday 9/28	Frid,9/29
Cheeseburger Sweet potato fries Fruit Salad Bar Milk	Orange Chicken Steamed Broccoli Fruit Salad Bar Milk	Chili Dog Tator tots Fruit Salad Bar Milk	Chicken tomato Bake Green beans Fruit Salad Bar Milk	NARD NO SCHOOL

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Menu items are subject to availability.

