



FREE AND REDUCED-PRICE MEALS

2016-2017 School Year

Greetings from Salt River Schools Food Services Department!

The school year is off to a very good start at the Early Childhood Education Center, Salt River Elementary School, Salt River High School and the Accelerated Learning Academy. Students are excited to start the day with a healthy breakfast and are reenergized to complete the day after a healthy and filling lunch.

Schools across the country, including Salt River Schools, provide reduced-price or free meals to students through the National School Lunch Program (NSLP) and the School Breakfast Program (SBP). To participate in these programs, families submit a meal application with information about household size and income, which is used to determine program eligibility. Children from households whose income is at or below guidelines are eligible for free or reduced-price meals. Children in households that receive benefits from SNAP, FDPIR (Food Distribution Programs on Indian Reservations) or TANF can receive free meals regardless of income. Application forms have been sent with your child to be completed and returned to the school.

PLEASE NOTE: ALL students enrolled at Salt River Schools eat FREE regardless of their meal application status. However, our funding for NSLP is based on the return of meal applications and family meal status (Free, Reduced or Paid), so it is very important our schools receive a meal application from every student.

If you haven't returned an application yet, please contact your child's school for a form, complete it and return it to the school. All applications are handled with extreme care and confidentiality. After meal applications are processed, you will receive a letter from the school's food service department regarding the meal status of your child (Free, Reduced or Paid). *This is merely a formality – again, all students at Salt River Schools eat FREE.* There is no need to reply. Your child will continue to receive free meals for breakfast, lunch and snack (if they participate in after school activities).

More About Our Programs

Breakfast is an important part of the day; research suggests students show improved performance throughout the school day when they eat a healthy breakfast. We hope you encourage your child to participate in the School Breakfast Program!

Elementary students are participating in the "Offer vs. Serve" lunch menu planning tool, which helps control food waste. In the past, students would receive two choices of a pre-packaged vegetable to comply with the $\frac{3}{4}$ cup serving requirement. This year, elementary students can make their own selection of fruits and vegetables, just like the high school students. The idea behind "Offer vs. Serve" is that students will take what they will eat, resulting in less waste. Next year, we will expand this idea to the breakfast program.

Thank you and we look forward to a great year serving your children!



Required Information:

Children can get free or reduced-price meals if your household's gross income is within the limits on the Federal Income Eligibility Guidelines. Your children may qualify for free or reduced-price meals if your household income falls at or below the limits on this chart.

Household Size	FREE			REDUCED-PRICE		
	Yearly Income	Monthly Income	Weekly Income	Yearly Income	Monthly Income	Weekly Income
1	\$15,444	\$1,287	\$297	\$21,978	\$1,832	\$423
2	\$20,826	\$1,736	\$401	\$29,637	\$2,470	\$570
3	\$26,208	\$2,184	\$504	\$37,296	\$3,108	\$718
4	\$31,590	\$2,633	\$608	\$44,955	\$3,747	\$865
5	\$36,972	\$3,081	\$711	\$52,614	\$4,385	\$1,012
6	\$42,354	\$3,530	\$815	\$60,273	\$5,023	\$1,160
7	\$47,749	\$3,980	\$919	\$67,951	\$5,663	\$1,307
8	\$53,157	\$4,430	\$1,023	\$75,647	\$6,304	\$1,455
Each additional person:	+\$5,408	+\$451	+\$104	+\$7,696	+\$642	+\$148

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