



Breakfast

November 2016

SRHS

Monday, 10/31	Tuesday, 11/1	Wednesday, 11/2	Thursday, 11/3	Friday, 11/4
Menu subject to change	Pancake Syrup Fruit Cocktail	Bagel w/ PB &J Cream cheese Apple slices	Breakfast on a Stick Blueberry Dip Asst Fruit Cup	Malt o Meal Cinn bread Stick Peach
Monday, 11/7 Waffle Sticks Ham Slice Maple Syrup Peach Cup	Tuesday, 11/8 Hot Ham Cheese Biscuit Melon Diced	Wednesday, 11/9 Breakfast on a Stick Maple Syrup or PB Syrup Fav Apple Sauce	Thursday, 11/10 Southwest Eggs Tortilla Mandarin Org.	Friday, 11/11
Monday, 11/14 Pancakes Maple Syrup Nutri Grain Bar Pears	Tuesday, 11/15 Malt o Meal Apple Muffin Apple Slice	Wednesday, 11/16 Late Start 	Thursday, 11/17 Waffle Sticks / Maple Syrup or PB Syrup Sausage Strawberries	Friday, 11/18 Egg & Biscuit w/ Jelly Grapes
Monday, 11/21 Oatmeal Nutria grain bar Mandarin Org	Tuesday, 11/22 Cheese Crisp Nutrigrain Bar Asst Fruit	Wednesday, 11/23 Pancake w/ Ham Slice Strawberry	Thursday, 11/24 	Friday, 11/25
Monday, 11/28 Breakfast Pizza Peach Cup	Tuesday, 11/29 Oatmeal Melon Slice	Wednesday, 11/30 Yogurt Parfait Granola Strawberries	Thursday, Menu subject to change	Friday, This institution is an equal opportunity provider and employer

The kitchen staff welcomes your comments on our meals. Parents have an open invitation to drop by and see what we are serving our kids. Any questions call: SRHS Supervisor, Shannon Reina 480-362-2077



GO EAGLES!



Milk served with each meal



Lunch

November 2016

SRHS

Monday, 10/31	Tuesday, 11/1	Wednesday, 11/2	Thursday, 11/3	Friday, 11/4
This institution is an equal opportunity provider and Employer	Beef Taco Refried Beans Or Turkey sub	Corn Dog Pork n Beans Or Ham or cheese Sub	Chicken Burrito Veggies Or Ham & cheese on Bun	BBQ Chicken Filet brown rice Or PB & Jelly Sandwich
Monday, 11/7	Tuesday, 11/8	Wednesday, 11/9	Thursday, 11/10	Friday, 11/11
Hot Wings Pot Gems(swt pot) Or Pasta Salad w/ Cheese Squares	Beef Taco Tortilla chips Or Tuna sandwich	BBQ Rib on a Bun Mac n Cheese Or Ham and cheese Wrap	Orange Chicken Brown fried Rice Or Turkey Sub	
Monday, 11/14	Tuesday, 11/15	Wednesday, 11/16	Thursday, 11/17	Friday, 11/18
Cheese Quesadilla Sour cream, Guac Beans Or PB& Jelly	Cheese Burger Fries (mix swt pot fries) Or Turkey sandwich	Pizza Steamed Broccoli Or Ham Wrap	Pork Taco Mexicorn Or Turkey & Ham Sub	Students Thanksgiving Meal 
Monday, 11/21	Tuesday, 11/22	Wednesday, 11/23	Thursday, 11/24	Friday, 11/25
Beef Stew Tortilla Or Fruit platter w/ Yogurt dip	Beef Taco Spanish Rice Or Chicken Wrap	Lima Bean w/ Ham Corn Bread Or Ham sandwich		No School 
Monday, 11/28	Tuesday, 11/29	Wednesday, 11/30	Thursday,	Friday,
Supreme Nacho Bowl Sour cream, salsa Lettuce, tom, cheese Or PB & Jelly	Chicken Stir Fry Brown Rice Hot Veggie Or Turkey on Bun	Spaghetti Garlic Bread Or Turkey Wrap	Menu subject to change	This institution is an equal opportunity provider and Employer

