







Breakfast

October 2016

SRHS

Monday, 10/3	Tuesday, 10/4	Wednesday, 10/5	Thursday, 10/6	Friday, 10/7
Waffle Sticks Ham Slice Maple Syrup Peach Cup	Hot Ham Cheese Biscuit Melon Diced	LATE START 	Southwest Eggs Tortilla Mandarin Org.	Blueberry Muffins Cheese Stick Pear Cup
Monday, 10/10	Tuesday, 10/11	Wednesday, 10/12	Thursday, 10/13	Friday, 10/14
	<i>SCHOOL BREAK</i>	→		
Monday, 10/17	Tuesday, 10/18	Wednesday, 10/19	Thursday, 10/20	Friday, 10/21
Oatmeal Nutria grain bar Mandarin Org	Cheese Crisp Nutrigrain Bar Asst Fruit	Pancake w/ Ham Slice Strawberry	Scrambled Egg & Refried Beans Tortilla Salsa Pears	Ham & Cheese on a Bagel Peach
Monday, 10/24	Tuesday, 10/25	Wednesday, 10/26	Thursday, 10/27	Friday, 10/28
Breakfast Pizza Peach Cup	Oatmeal Melon Slice	LATE START 	Chorizo & Eggs Tortilla Peaches	Hot Cinn Roll Orange Slices
Monday, 10/31	Tuesday,	Wednesday,	Thursday,	Friday,
Breakfast Bagel Asst Fruit Cup		Menu subject to change		This institution is an equal opportunity provider and employer

The kitchen staff welcomes your comments on our meals. Parents have an open invitation to drop by and see what we are serving our kids. Any questions call: ECEC/SRES Supervisor, Shannon Reina 480-362-2077



GO EAGLES!



Trick or Treat Safely!






Milk served with each meal



Lunch

October 2016

SRHS

Monday, 10/3	Tuesday, 10/4	Wednesday, 10/5	Thursday, 10/6	Friday, 10/7
Hot Wings Pot Gems(swt pot) Or Pasta Salad w/ Cheese Squares	Beef Taco Tortilla chips Or Tuna sandwich	BBQ Rib on a Bun Mac n Cheese Or Ham and cheese Wrap	Orange Chicken Brown fried Rice Or Turkey Sub	Fish Filet on a bun Tator Tots Or Ham Wrap
Monday, 10/10	Tuesday, 10/11	Wednesday, 10/12	Thursday, 10/13	Friday, 10/14
	<i>SCHOOL BREAK</i>	→		
Monday, 10/17	Tuesday, 10/18	Wednesday, 10/19	Thursday, 10/20	Friday, 10/21
Beef Stew Tortilla Or Fruit platter w/ Yogurt dip	Beef Taco Spanish Rice Or Chicken Wrap	Lima Bean w/ Ham Corn Bread Or Ham sandwich	Spicy Chicken Sandwich Fries Or Chef Salad	Pepperoni Pizza Spinach salad w/ Mandarin Org. Or Turkey wrap
Monday, 10/24	Tuesday, 10/25	Wednesday, 10/26	Thursday, 10/27	Friday, 10/28
Supreme Nacho Bowl Sour cream, salsa Or PB & Jelly	Chicken Stir Fry Brown Rice Hot Veggie Or Turkey on Bun	Spaghetti Garlic Bread Or Turkey Wrap	Pork slice with Dressing and a Dinner roll Peas Or Ham Sandwich	Beef taco Black bean Or Ham Sandwich
Monday, 10/31	Tuesday,	Wednesday,	Thursday,	Friday,
Popcorn Chicken Bowl Mashed pot, gravy Corn Or Sandwich of the Day			Menu subject to change	This institution is an equal opportunity provider and Employer



Milk served with each meal