






Breakfast				August 2017		SRHS
(5)Monday	Tuesday 8/1	Wednesday 8/2	Thursday 8/3	Friday 8/4		
Menu is subject to change.						
(6)Monday 8/7	Tuesday 8/8	Wednesday 8/9	Thursday 8/10	Friday 8/11		
Breakfast Pizza Fruit Milk 	Bagel w/ Peanut butter Fruit Milk	Whole grain waffle sticks Syrup Fruit Milk	Chorizo cheese crisp Fruit Milk Fruit Milk	Breakfast Burrito Fruit Milk		
(7)Monday 8/14	Tuesday 8/15	Wednesday 8/16	Thursday 8/17	Friday 8/18		
Yogurt Parfait w/ fruit and Granola Fruit Milk	Banana Muffin Cheese stick Fruit Milk	Biscuit with Sausage and cheese Fruit Milk	Whole grain French Toast sticks PB Dip Fruit Milk	Scrambled egg with Cheese Whole grain tortilla Fruit Milk		
(8)Monday 8/21	Tuesday 8/22	Wednesday 8/23	Thursday 8/24	Friday 8/25		
Pancakes Sausage Fruit Milk	Breakfast burrito Fruit Milk	Biscuits and sausage gravy Fruit Milk	Cinnamon roll Fruit Milk	Whole grain Toast Sausage link Fruit Milk		
(1)Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday		
Go Gurt Animal Crackers Fruit Milk	Zucchini Bread Cheese stick Fruit Milk	English Muffin Egg & Cheese Fruit Milk	Whole grain French Toast Ham Slice Orange Slices Milk	This institution is an equal opportunity provider and employer 		


In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color national origin, sex, age or disability. To file discrimination, write USDA, Director of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, Washington, D.C. 20250-9410 or call (202) 720-5964 [voice and TDD]. USDA is an equal opportunity provider and employer.

Menu items are subject to availability.

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Lunch August 2017 SRHS

Monday	Tuesday 8/1	Wednesday 8/2	Thursday 8/3	Friday 8/4
<p>Menu is subject to change.</p> 				
Monday 8/7	Tuesday 8/8	Wednesday 8/9	Thursday 8/10	Friday 8/11
<p>Cheese Burger on a whole Grain Bun Oven baked fries Fruit Salad Bar Milk</p>	<p>Pizza on whole grain crust Spinach Salad Fruit Salad Bar Milk</p>	<p>BBQ Chicken Breast Baked Beans Mac and cheese Fruit Salad Bar Milk</p>	<p>Nachos Shredded lettuce Diced tomatoes Fruit Salad Bar Milk</p>	<p>Cooks Choice EARLY RELEASE!!</p>
Monday 8/14	Tuesday 8/15	Wednesday 8/16	Thursday 8/17	Friday 8/18
<p>Spicy Chicken Sandwich Potato Salad Fruit Salad Bar Milk</p>	<p>Chic-Penne Steamed Broccoli Fruit Salad Bar Milk</p>	<p>Beef Taco Refried beans Fruit Salad Bar Milk</p>	<p>Chili Con Carne Corn Bread muffin Fruit Salad Bar Milk</p>	<p>Popcorn chicken bowl Fruit Salad Bar Milk</p>
Monday 8/21	Tuesday 8/22	Wednesday 8/23	Thursday 8/24	Friday 8/25
<p>Buffalo Chicken wings Veggie Dippers Fruit Salad Bar Milk</p>	<p>Beef taco pie Zucchini Fruit Salad Bar Milk</p>	<p>Chicken Stir Fry Oriental Veggies Fruit Salad Bar Milk</p>	<p>Meatball sub Spinach salad Fruit Salad Bar Milk</p>	<p>Cooks Choice EARLY RELEASE!!</p>
Monday 8/28	Tuesday 8/29	Wednesday 8/30	Thursday 8/31	Friday
<p>Cheeseburger Sweet potato fries Fruit Salad Bar Milk</p>	<p>Orange Chicken Steamed Broccoli Fruit Salad Bar Milk</p>	<p>Chili Dog Tator tots Fruit Salad Bar Milk</p>	<p>Chicken tomato Bake Green beans Fruit Salad Bar Milk</p>	<p>This institution is an equal opportunity provider and employer</p>

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